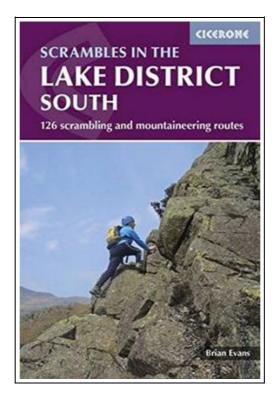
Scrambles in the Lake District - South (Paperback)



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Reviews

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(Cristina Koepp)

SCRAMBLES IN THE LAKE DISTRICT - SOUTH (PAPERBACK)



Cicerone Press, United Kingdom, 2016. Paperback. Condition: New. 2nd Revised edition. Language: English. Brand New Book. This guidebook describes 126 gill and crag scrambling routes in the north of the Lake District, with sections covering Langdale, Easedale, Coniston, Duddon Valley, Howgills, Eskdale, Longsleddale and Kentmere. Each route is graded from Grade 1 straightforward scrambling, through Grades 2 to 4, where the use of a rope is recommended. In addition, a star system (1 to 3 stars) highlights the best routes. The guidebook includes classic routes such as Ill Crag, Eskdale; Jack s Rake on Pavey Ark; Thor s Butress, Eskdale; Esk Gorge; and Raven Crag, Yewdale. Each section includes a map showing the location of the scrambles, and routes are accompanied by information on the best approach, along with a sketch diagram of the crag and the route line. The book includes invaluable of advice on equipment, safety, rope techniques, and scrambling techniques, as well as notes on access and conservation. The Lake District s rich mix of rocks, gills and crags offers the scrambler a complex variety of routes, often well removed from the beaten track.



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