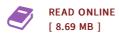




## Self-Rescue (Paperback)

By David Fasulo

ROWMAN LITTLEFIELD, United States, 2011. Paperback. Condition: New. Mike Clelland (illustrator). Second Edition. Language: English . Brand New Book. The must-have handbook on rescue techniques for serious climbers Whether you need to assist your partner past a difficult section of a climb or rappel down a multipitch route with an injured climber, you owe it to yourself and your fellow climbers to be prepared. How to Climb(TM): Self-Rescue fully describes and illustrates a variety of techniques that every climber needs to know for safety and self-reliance. The first edition of this book was the authority on rescue techniques for rock climbers. Now completely updated and revised with the latest techniques-and accompanied by Mike Clelland's clear, detailed illustrations-David Fasulo's How to Climb(TM): Self-Rescue remains the definitive resource on the topic. Contents1. Transition Model 2. Self-Rescue Concepts: Terrain, Technical Ledges, Baseline and Belay Escapes 3. Tools and Primary Systems for Self-Rescue4. Knots and Hitches5. Anchors and Belays6. Patient Assessment7. Terrain Assessment8. Hands Free 9. Course of Action - Descend10. Course of Action - Ascend11. Course of Action - Stabilize/Shelter in Place12. Top-Rope Rescue13. Second Rescue14. Leader Rescue 15. Search and Rescue16. Analysis of Select Rescues and Accidents 17. Skills Assessment.



## Reviews

It becomes an amazing book which i actually have at any time study. It is actually loaded with wisdom and knowledge You wont sense monotony at at any time of your respective time (that's what catalogues are for regarding should you request me).

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This created publication is excellent. It generally does not price a lot of. You may like just how the writer create this pdf.

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