48-style Taijiquan (national martial arts coach and national athletes Taiji GB Action(Chinese Edition)



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Reviews

Merely no phrases to describe. It really is rally intriguing throgh reading time. I am happy to tell you that this is basically the greatest book i have go through in my own lifestyle and might be he greatest book for ever.

(Kattie Wunsch)

48-STYLE TAIJIQUAN (NATIONAL MARTIAL ARTS COACH AND NATIONAL ATHLETES TAIJI GB ACTION(CHINESE EDITION)



paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: Unknown in Publisher: Henan Science and Technology Press Information Original Price: 39.80 yuan Author: Publisher: Henan Science and Technology Press ISBN: 9787534949609 Page: Revision: Binding: Folio: Published: 2013-1-1 Printing Time: Words: product identification: 22923095 Description forty-two style Taijiquan Taijiquan competition routine original Wushu Research Institute of the National Sports Commission innovations of the organization in 1989. Full set of actions from the income potential of 42 action. its technical style in Yang style tai chi-based. integrated Chen. Wu and Sun style genre characteristics and to be innovative; informative. structured. action specifications. layout shapely. In addition, due to the 42-style Tai Chi exercise a certain degree of difficulty, the amount of exercise is suitable, physical fitness, to improve the skills of the ideal routine. About the Author Joe blaze, a national martial arts coach, Gold coach, national referee. Master Instructor, a member of the Chinese Wushu Association, a member of the Science Society of Chinese martial arts. Currently the head coach of Henan Province, tai chi. Zhengzhou University, Institute of Physical Education Department of National Traditional Sports. Martial Arts and Culture Research Center, deputy director of the Central Plains, the deputy director of the Henan Wushu Administrative Center. Henan Martial Arts. Sciences Branch executive director. Ding Jie, Wang Erping, Ma Jian Chao, Chong Gene Yang Yan, Hou Wen and several other martial arts elite has trained three of the world champion. Asian champion seven national championship over fifty; nine National Sports Commission issued sports medals and certificates, five by the People's Government of Henan Province of Merits, the People's Government of Henan Province issued an order awards, known as the Gold coach, Hou Wen, national athlete

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