



Essential Oils: Essential Oils for Beginners: Essential Oils: Bonus 365 Essential Oil Recipes (Paperback)

By Coral James

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Special Launch Price Including 365 Essential Oil Recipes for every day of the year! There are many essential oil books out there, but very few are written by experts that really know what the complex details of essential oils. In this book you are going to learn about. What are essential oils? The History of Essential Oils Using the essential oils aromatically, topically and internally Safety precautions when using essential oils Essential oils for weight loss Essential oils for stress AND Essential oils for sleep In this book, you Il also learn a new recipe containing essential oils for every day of the year, that is a massive 365 recipes! Find out how you can replace chemical-laden cleaning products with all-natural solutions, how to create your own bug repellent, and so much more in a few easy-to-follow steps. Knowledge is like a key. When you have it, there s nothing that can stop you. Think of this book as a key and its contents the doorway to better health and a better you! Get your copy today! Tags: essential oils, essential oils...



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