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# GESTALT COUNSELLING IN A NUTSHELL



SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Gestalt Counselling in a Nutshell, Gaie Houston, New to the bestselling Counselling in a Nutshell Series, this pocket-sized book is the beginners guide to the essentials of Gestalt Therapy, from its principles to practice. Assuming no previous knowledge of the subject, the book introduces: - the origins of the approach - the key theory and concepts - the skills and techniques important to practice. Written in an accessible, jargon-free style, this...

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- Authored by Gaie Houston
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