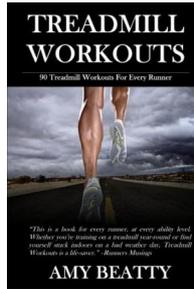


## Treadmill Workouts: 90 Treadmill Workouts for Every Runner (Paperback)



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