



Secret Oral Teachings in Tibetan Buddhist Sects (Paperback)

By Alexandra David-Neel, Michael Lally

City Lights Books, United States, 2001. Paperback. Condition: New. Revised ed.. Language: English . Brand New Book. This is an account of the Madhyamika (Middle Way) school of Buddhism, a method of mediation and enlightenment that was developed by the great Indian teacher Nagarjuna. In a collaboration between the Frenchwoman Alexandra David-Neel and her friend, the Tibetan lama Aphur Yongden, these teaching are presented clearly and elegantly, intended for the layman who seeks a way to practice and experience the realization of oneness with all existence. .this is the most direct, no-nonsense, and down-to-earth explanation of Mahayana Buddhism that has been written. Specifically, it is a wonderfully lucid account of the Middle Way method of enlightenment worked out by the great Indian sage Nagarjuna. --Alan Watts, The Book The Secret Oral Teachings in Tibetan Buddhist Sects by Alexandra David-Neel and Lama Yongden, is always on my night stand. I return to it again and again in different stages of my life. --Marina Amramovic David-Neel herself is often relegated to the ranks of women adventurers this despite the production of some forty-odd books, several of which have wielded an extraordinary influence. --Harry Oldmeadow, La Trobe University, Bendigo, Australia Alexandra David-Neel was...



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