



## The Simple Guide to Child Trauma: What It Is and How to Help (Paperback)

By Betsy De Thierry

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2016. Paperback. Condition: New. Emma Reeves (illustrator). Language: English . Brand New Book. \* What is trauma? \* How does it affect children? \* How can adults help? Providing straightforward answers to these complex questions, The Simple Guide to Child Trauma is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery. Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting children.



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