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Good Sex: The Essential Guide

By Nicci Talbot

Need2Know. Paperback. Book Condition: new. BRAND NEW, Good Sex: The Essential Guide, Nicci Talbot, Sexual energy is the most powerful life force and keeps us feeling alive and connected to the world around us. Having more sex daily inspires creativity and productivity and helps us to feel relaxed and happier, yet it can also be a source of anxiety. Type how to have good sex into Google and there are over 75,500,000 global monthly searches for help with orgasms, loss of libido, how to satisfy a man or woman in bed, aphrodisiacs and more. According to a recent study by the College of Sex & Relationship Therapy, 35% of men and 54% of women say they have problems with sex. Lack of desire is the most common problem for women and performance issues for men premature ejaculation and erection difficulties. Recent statistics from the Kinsey Institute in the US indicate that we are having less sex than our grandmothers! This book contains tips and tricks to help you have more sex (and fun) daily, how to please a man or woman in bed, and how to deepen intimacy with creative and alluring forms of kink, such as tantra, Taoism and BDSM/fetish....



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