



Fruit Recipes Territory Vol. 1: Feel the Spirit in Your Little Kitchen with 500 COLORFUL Fruit Recipes (Coconut Cookbook, Peaches Cookbook, Pineapple Cookbook) Fruit Recipes Series (Volume 1)

By Ms. Fruit

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 200 pages. Dimensions: 11.0in. x 8.5in. x 0.5in.Lets color your own healthy dishes by fruits and vegetables! Read this book for FREE on the Kindle Unlimited NOW BONUS RIGHT AFTER CONCLUSION ACT NOW BEFORE GONE! Why not! Because fruits and vegetables are two cleanest food choices you should eat every day! They not only provide essential nutrients for your body such as fiber, vitamin C, vitamin A, potassium, folic acid, magnesium, but also make your daily dishes become more delicious, attractive and eye- catching. So, lets make your meals be colorful with Ms. Fruit in Fruit Recipes Territory Vol. 1 with the parts listed below: Get Started with 3 AWESOME Gift Chapter 1: 3 Super Delicious, Nutritious And Easy Recipes For Detox Drinks From Fruits And Vegetables To Make Chapter 2: Tips For Choosing Some Kinds Of Fruits Chapter 3: Pineapple Recipes Chapter 4: Peach Recipes Chapter 5: Coconut Recipes Eating a diet with plenty of vegetables and fruits has been linked to improved your health, and for other good reasons. They are loaded with antioxidants, vitamins, fiber, minerals, which have function to protect against chronic diseases...



Reviews

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