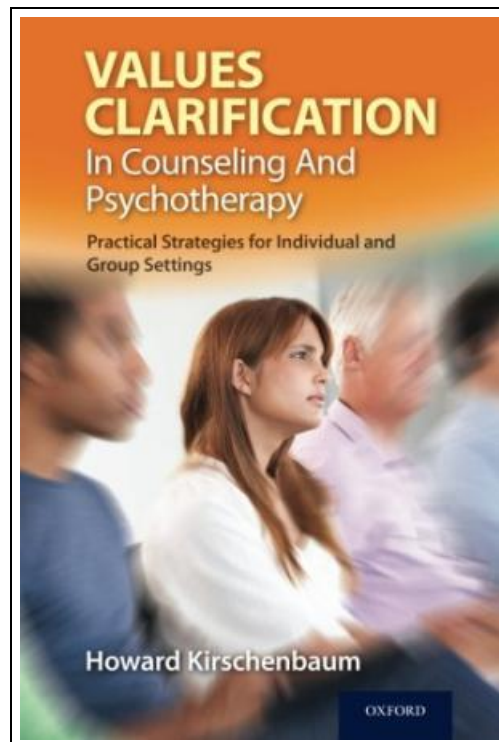


Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings



Filesize: 5.57 MB

Reviews

It is one of the most popular publications. It is actually written in easy words instead of confusing. You will like how the author created this book.

(Art Gislason)

VALUES CLARIFICATION IN COUNSELING AND PSYCHOTHERAPY: PRACTICAL STRATEGIES FOR INDIVIDUAL AND GROUP SETTINGS

[DOWNLOAD](#)

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings, Howard Kirschenbaum, This work meets a long-standing need in the helping professions by being the first and only comprehensive book devoted to these priority-defining and goal-setting values clarification strategies for counseling and psychotherapy by providing a clear description of what values clarification is and is not. The book demonstrates, with great precision and hundreds of clinical examples, how counselors and psychotherapists in many fields can ask good clarifying questions, and employ dozens of strategies with individuals, couples, families, and groups. Values clarification is perhaps best known for the many values clarification strategies that can be used with individuals and groups to explore a myriad of counseling topics. Values clarification is compared and contrasted to other approaches to counseling and psychotherapy, including person-centered, cognitive-behavioral, reality therapy-choice theory, existential, individual psychology, solution-focused, narrative, motivational interviewing, acceptance and commitment therapy, appreciative inquiry, life coaching, and positive psychology. Helping clients determine their priorities, set goals, make decisions, and take action to improve their lives are common tasks for virtually all helping professionals when engaging with clients. This is the process known as "values clarification" (or "Values Clarification"). While counselors and psychotherapists widely practice values clarification-some knowingly, others unaware-they typically do so with a limited understanding of its theory, methods and various applications. The book illustrates extensively how strategies can be carried out in individual counseling and psychotherapy, group counseling and psychotherapy, and psychoeducational work, whatever the subject or topic. The examples throughout the text are often grouped around more specific applications for marriage and family counseling, career counseling, substance abuse and recovery counseling, geriatric counseling, grief counseling, pastoral counseling, financial counseling, school counseling, rehabilitation counseling, counselor/clinical education and supervision, health counseling...



[Read Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings Online](#)



[Download PDF Values Clarification in Counseling and Psychotherapy: Practical Strategies for Individual and Group Settings](#)

Other Books



Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: Common Core State Standards Aligned

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****.Mr. George Smith, a children s book author, has been...

[Download PDF »](#)



Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other...

[Download PDF »](#)



My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts...

[Download PDF »](#)



50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills

Scholastic Teaching Resources. Paperback / softback. Book Condition: new. BRAND NEW, 50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills, Bob Krech, Joan Novelli,...

[Download PDF »](#)



YJ] New primary school language learning counseling language book of knowledge [Genuine Specials(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2011-03-01 Pages: 752 Publisher: Jilin University Shop Books All the new...

[Download PDF »](#)