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Perfect Slow Cooking

By Elizabeth Brown

Cornerstone. Paperback. Book Condition: new. BRAND NEW, Perfect Slow Cooking, Elizabeth Brown, Would you like to get the most out of your slow cooker? Do you want to create healthy home-cooked meals with the minimum of effort? Do you want to save money and time without compromising on taste? "Perfect Slow Cooking" is an indispensable guide to this healthy and economical way of preparing meals. Covering everything from how to choose the right appliance to advice on the most affordable cuts of meat, it walks you through every aspect of the slow-cooking method and offers tried-and-tested tips that will help ensure all your meals taste fantastic. With a selection of mouth-watering recipes for soups, curries, roasts and desserts, alternative options for those occasions when you don't have all the ingredients, and useful advice on finding the time to cook during a busy day, "Perfect Slow Cooking" has all you need to prepare delicious, healthy home-cooked meals on a budget. The "Perfect" series is a range of practical guides that give clear and straightforward advice on everything from getting your first job to choosing your baby's name. Written by experienced authors offering tried-and-tested tips, each book contains all you need to...

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