



The Enneagram Spectrum of Personality Styles (Paperback)

By Jerome P. Wagner

Metamorphous Press, United States, 1996. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is the best introductory book you will find on the Enneagram. Wagner's guide is a clear and concise introduction to the Enneagram, useful for personal exploration and as a teaching id for workshop presenters and counselors. This comprehensive book with charts, exercises, and bullet descriptions, yields an experiential understanding of basic Enneagram principles such as authentic values and their personality substitutes, resourceful and non-resourceful cognitive, emotional, and behavioral schemas and how they shift under stressful and flow conditions, developmental influences, and the three centers of sorting and deciding. Learn about the defense mechanisms, principles and paradigms, virtues, passions, and both healthy and maladaptive instincts of each of the nine Enneagram personality types. For centuries -- and now in the light of leading edge psychology -- the Enneagram has helped people to recognize their predispositions, motives, and talents. Its insights provide valuable information for those in communication, business, human resources, therapy, and personal growth. This book helps you to explore the nine different hues of the Enneagram, discover your own type, and understand the behaviors and attitudes that are uniquely...



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This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

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