



My Loving Relationships

By William G. Emener, William A. Lambos

Nova Science Publishers Inc. Paperback. Book Condition: new. BRAND NEW, My Loving Relationships, William G. Emener, William A. Lambos, For any individual who has wondered how a perfectly sane person in today's crazy world is supposed to figure out what is expected of them when navigating a loving relationship (and who hasn't?), this book is a must-read. The primary focus is on those issues most pertinent to the individual - 'I', 'me', and 'you' issues - relevant to the quest for satisfying, loving relationships. Using case vignettes from the authors' clinical experiences as psychologists, the book's first 15 chapters address the topics of Self Analysis, Relationship Analysis, My Past, Behaviour Analysis, Dichotomous Thinking, Patterns and Trends, Divorce and Separation, Guilt and Shame, Fears and Phobias, Depression, Grieving, Time and Timing, Happiness and Joy, and The Internet (the Good, the Bad, and the Ugly). The last three address where to look for more help when serious situations arise: seeing a professional counsellor, therapist or family mediator, how a professional counsellor or therapist can be helpful to you, and some suggestions about getting help from a professional. The book is very reader-friendly, solution-focused and down to earth, and also includes 43 figures...



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Reviews

This is actually the very best book i actually have read till now. This is for all those who statte that there was not a worth studying. Its been written in an remarkably straightforward way which is merely following i finished reading this publication by which in fact altered me, modify the way i believe.

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This pdf is amazing. It really is rally exciting throug looking at time. I am easily could possibly get a satisfaction of looking at a created publication.

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