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Empath: The Ultimate Guide for Developing and Understanding Your Empath's Gift While Using Meditation to Overcome Fears (Paperback)

By Prof Mike Lee

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Use These Powerful Steps To Develop And Overcome Your Empath Fears Today! Empath is a word of Greek origin derived from two Greek words em meaning in , and pathos meaning feeling . Together, em-pathos means you can feel the feelings of others. In other words, it means if you are an empath, you are highly sensitive to the feelings, energies, and sentiments of others. Being an empath does not only mean you are just highly sensitive to the sentiments of others; no, this is just one element of being an empath. If you are an empath, you can also perceive physical sensitivities as well as the spiritual urges of all those around you. Empaths have an innate ability to sense and feel the energies of everything and everyone around them. This ability can be heightened from the very start or it can be developed as they grow. If you are an empath, you quickly feel the energy of a person in a room even when such a person is not in the room. Empathy is not a trait you learn or...



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