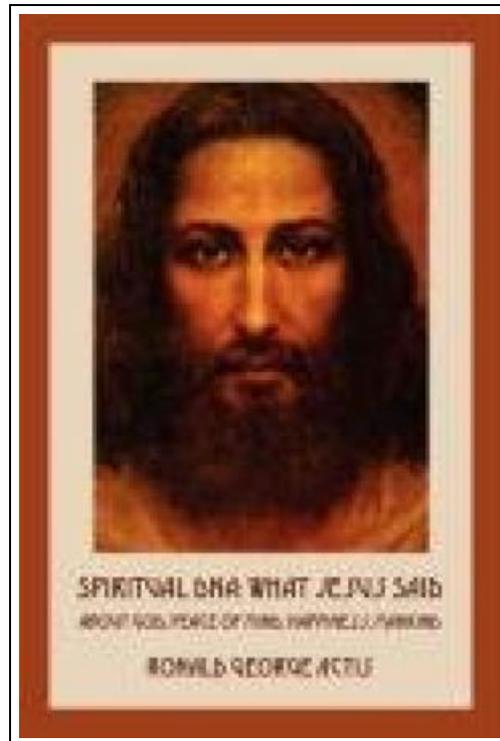


## Spiritual DNA: What Jesus Said about God, Peace of Mind, Happiness, Mankind



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*(Rebekah Becker)*

## SPIRITUAL DNA: WHAT JESUS SAID ABOUT GOD, PEACE OF MIND, HAPPINESS, MANKIND



Outskirts Press. Paperback. Book Condition: New. Paperback. 368 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. Spiritual DNA: What Jesus Said Helen Schucman, an atheist, and a professor of medical psychology at Columbia University, started receiving messages from an inner voice in 1965 which she took down on a stenographers notebook. The voice, she later concluded was Jesus, dictated to her almost daily. She filled more than 30 notebooks over a period of seven years and turned her transcripts over to a foundation because she did not want to be connected with them. The foundation closely controlled their use until April 27, 2004 when a decision by Judge Robert Sweet, U. S. District Court for the Southern District of New York, released the information to the public domain. Their authenticity has never been disputed. Jesus explains what the holy relationship should be with God, Christ, the Holy Spirit and mankind. That relationship requires a change in the way a person thinks about it a change of mind. The mind is all-powerful and must make choices between a persons ego and his Holy Spirit who represents Gods Will. It takes understanding of Gods Will, the roles of Jesus and the Holy Spirit, fellow human beings, the ego, the self and the 10 dimensions of spiritual DNA. And it takes daily awareness and practice. Author Ron Actis identifies the key steps to peace of mind and happiness: Live in the present - the moment - and the future will take care of itself. Let go of negative memories of the past and do not allow them to re-enter your mind. See people as perfect and overlook their faults. See Jesus and yourself in all of them, and be kind and helpful to them. When you sense a negative emotion, reaction to others or thought, immediately...



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