

How to Thrive in the Digital Age (Paperback)

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Reviews

Thorough guide for ebook lovers. I am quite late in start reading this one, but better then never. Its been designed in an remarkably straightforward way which is simply soon after i finished reading this publication in which actually altered me, affect the way i think. (Gunner Labadie)

HOW TO THRIVE IN THE DIGITAL AGE (PAPERBACK)



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Pan MacMillan, United Kingdom, 2012. Paperback. Condition: New. Main Market Ed. Language: English . Brand New Book. Our world is, increasingly, a digital one. Over half of the planet s adult population now spend more of their waking hours `plugged in than not, whether to the internet, mobile telephony, or other digital media. To email, text, tweet and blog our way through our careers, relationships and even our family lives is now the status quo. But what effect is this need for constant connection really having? For the first time, Tom Chatfield examines what our wired life is really doing to our minds and our culture - and offers practical advice on how we can hope to prosper in a digital century. One in the new series of books from The School of Life, launched May 2012: How to Stay Sane by Philippa Perry How to Find Fulfilling Work by Roman Krznaric How to Worry Less About Money by John Armstrong How to Change the World by John-Paul Flintoff How to Thrive in the Digital Age by Tom Chatfield How to Think More About Sex by Alain de Botton.

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