



Not Your Mothers Hysterectomy: A Transformation in Womens Health Care

By Lynn D. Kowalski Md

Writers of the Round Table Press. Paperback. Condition: New. 168 pages. Dimensions: 9.2in. x 6.0in. x 0.5in. You need a hysterectomy. That's a recommendation no woman wants to hear—but one that 600,000 contend with each year. Hysterectomy is the second most common operation performed on women in the United States, with one in three women undergoing the procedure in their lifetime. Some women dread the Big Cut (a large incision) and the lengthy recovery, so they put off the procedure, possibly to the detriment of their health. Others have the surgery, never really knowing why it was done, what exactly was removed, or what their surgical choices may have been. BUT IT DOESN'T HAVE TO BE THAT WAY. Advances in technology bring new options for hysterectomies, far beyond the Big Cut of our mothers and grandmothers' eras. These choices also open the door for you to become your own advocate. Not Your Mother's Hysterectomy walks you through diagnosis, surgery, and recovery, providing you with the knowledge to partner with your doctor in making the best decisions for your health. Dr. Lynn Kowalski, an experienced gynecologic oncologist who has performed thousands of hysterectomies for over 15 years, specializes in minimally invasive...



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