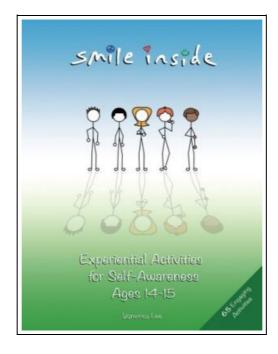
Smile Inside: Experiential Activities for Self-Awareness Ages 14-15



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Extensive guideline! Its this kind of good go through. Yes, it really is play, continue to an interesting and amazing literature. I am just pleased to inform you that this is basically the greatest book we have go through inside my own life and could be he greatest pdf for possibly.

(Madison Armstrong)

SMILE INSIDE: EXPERIENTIAL ACTIVITIES FOR SELF-AWARENESS AGES 14-15



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Prevention Publications, United States, 2013. Paperback. Book Condition: New. 2nd. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.During adolescence, young people thrive when given opportunities for self-analysis and personal improvement while building genuine connections with their peers. This resource offers an essential collection of sixty-five effective and fun activities designed to be a powerful prevention program to counteract bullying, self-destructive behaviors, social isolation, and apathy. In addition, modules and activities can be used individually to meet any group s needs. This inspiring handbook provides step-by-step instructions for teachers, youth workers, and counselors who work with teenagers in schools, youth groups, camps, and therapy-based support settings. The activities are organized into the following modules: Icebreakers, Focus Listening, Empathy Respect, Self-Talk, Self-Exploration, Emotions Coping, Problem Solving Decision Making, Goal Setting, Group Dynamics, Esprit de Corps through Service Learning, and Culmination.



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