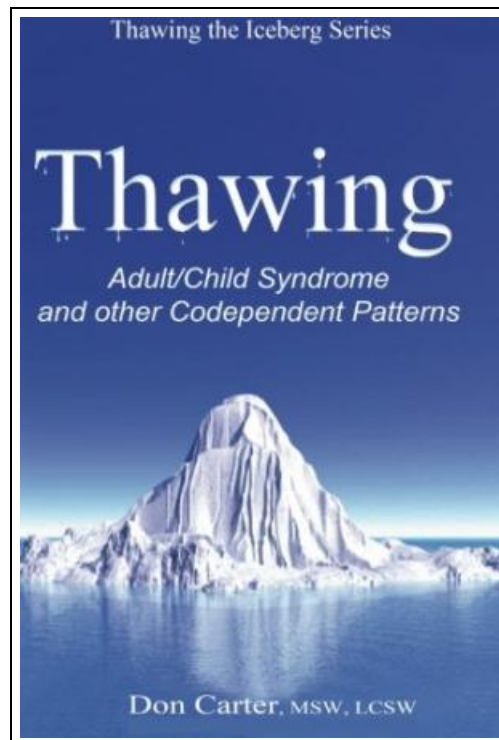


Thawing Adult/Child Syndrome and Other Codependent Patterns (Paperback)



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Reviews

This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Nadia Konopelski)

THAWING ADULT/CHILD SYNDROME AND OTHER CODEPENDENT PATTERNS (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.SPECIAL BONUS: This book now comes with LIFETIME ACCESS to the Thawing the Inner Family of Self ECourse created by the author based upon this book! Just send your proof of purchase or receipt to and you will be enrolled and receive your login information Thawing Adult/Child Syndrome and other Codependent Patterns is one of the four-part Thawing the Iceberg Series by Don Carter, MSW, LCSW. All of the books in the series are written to stand on their own as a complete program. The Thawing the Iceberg Series is a set of programs designed to assist in the healing of the emotional wounds outlined in the author s original work, Thaw - Freedom from Frozen Feelings. Thawing Adult/Child Syndrome is geared toward surfacing the underlying patterns of behavior and limiting beliefs that keep us stuck in unproductive relationships, the original wounds of abandonment, shame, and contempt, and how our subconscious mind adapted to the unique circumstances of our childhood by creating survival skills that now interfere with healthy coping. Anyone who has ever found themselves repeating dysfunctional patterns that has cause problems in their life and relationships, and then wonder Why do I do that? or Why am I like this? is likely to experiencing habitual subconscious programming that has been referred to as Adult-Child Syndrome. Thawing Adult-Child Syndrome and other Codependent Patterns focuses in on the here-and-now symptoms of dysfunction in our adult life and relationships. This insight-oriented program helps bring one s Inner Family of Self Life Script to the surface so that appropriate changes can be made. The program helps heal the relationship with self, which is based upon the idea that One cannot have a...



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