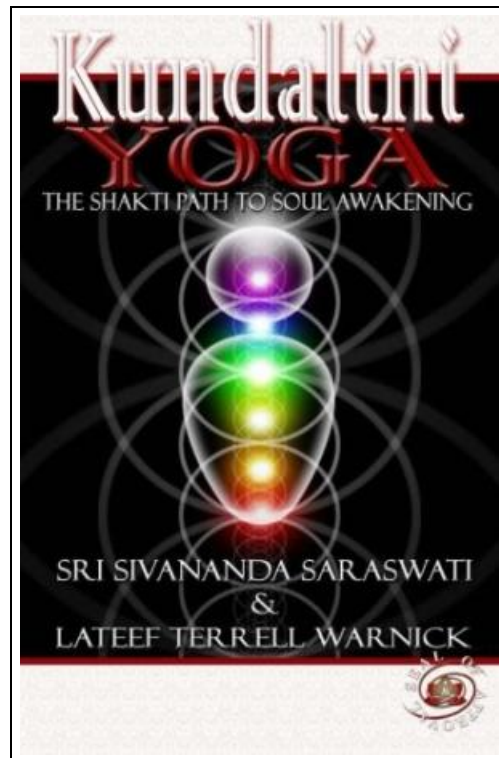


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1 Soul Publishing. Paperback. Book Condition: New. Paperback. 292 pages. Dimensions: 8.5in. x 5.4in. x 0.8in. Kundalini Yoga: Volume 1 of 6 in Yoga Spiritual Growth Series inspired by Swami Saraswati Volume 1: Kundalini Yoga: The Shakti Path to Soul Awakening Volume 2: Karma Yoga: The Service Path to Cosmic Consciousness Volume 3: Hatha Yoga: The Purification Path to Kaivalya Volume 4: Bhakti Yoga: The Devotional Path to Moksha Volume 5: Jnana Yoga: The Wisdom Path to Spiritual Enlightenment Volume 6: Raja Yoga: The Royal Path to Self-Realization How May I Come To Know God God may go by many names in many religions. But God is not a man up in the sky! Essentially, all religions state that God is Omnipresent, Omniscient and Omnipotent. So it doesnt take a stretch of the imagination to conclude that if God is truly everywhere and everyplace then He must accordingly be within you! Intellectually, we may accept this fact but many of us have no idea how to reach the God that may be within us. This is a question that was first positioned ages ago and there are those that have answered the question for themselves and then provided a roadmap for others to find the same. Hence, came the Birth of Yoga. Yoga is the union of soul and Spirit. It is the means to this union and the state of Union. Over the ages have evolved many types and branches of yoga that may be more suited for the individual and yet they are all branches of the same Tree! Kundalini Yoga is known as the shakti path to Soul Awakening or Self-Realization. Kundalini is the cosmic energy present in all of creation and known as the serpent power that lies dormant in man in the Muladhara Chakra at the...



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