

Practical massage care in old age (author: Dai Jian States) (Pricing: 12.00)
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paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2004-05-01 Pages: 226 Publisher: the TCM Classics Publishing House Basic information title: Practical elderly massage care List Price: 12.00 yuan: Dai Jian States ed Press: Ancient Chinese medicine Publishing Date :2004-5 -1ISBN: 9787801742209 Words: 190.000 yards: 226 Edition: 1 Binding: Paperback: Editor's Choice \ t \ t \ t Abstract spring. disciples the Dai Yinjun and Leiming Dong Jun assist the happiness of my massage health at the University of Wuhu City elderly classes for many years teaching outline a comprehensive collation. and made the necessary changes and additions. especially for the elderly of physiological and pathological characteristics more systematic exposition perfect. easy to understand; introduction of common practices and health massage pay more attention to the essentials of the specific operations. requirements and the use of elaborate; illustrations also add hundreds of pieces. to make it more image. intuitive. popular. easy to learn and easy to operate. but also more suitable for middle-aged gay learning to use; for common diseases prevention and control. to succeed. increases of middle-aged common some off basic knowledge introduced. also combined with modern medicine add other methods of exercise for the elderly; Unless stopped. and edited by a book and make it totally a new face. Such as these not only more embodies the practical massage care. simple. easy to learn. safe. effective advantages. but also highlight the characteristics suitable for middle-aged self-massage care. it is a title of Practical old massage care. \ T \ t CONTENTS CHAPTER \ t Overview Section I \ t A brief history of massage care. \ t outlined two \ t massage in section II of the history of health care tube...

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