



## Power Journal. Dreams. Colour Version (Paperback)

By Rod Lawless

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Dreams are our subconscious relaying messages to the conscious mind. These dreams become coded and displayed in the language of the subconscious, primarily as pictures. As this part makes up 90 of the overall mind it is faster and more powerful than our conscious intellect. Yet we usually miss out on what it has to offer. This journal can add to your toolkit in helping unlock the secrets that dreams hold. The Power Journal can be used as a tool for internal change. Each page of this journal is open but not blank for your reflections. Set out on the page are affirmations to help guide your thoughts and actions. I suggest using black ink to highlight your written words. This edition is in colour for enhanced integration of the suggestions. There is a cheaper BW edition if you so wish. Although this book is aimed at an advanced level of dream recording, it can be used by the aspirant by simply making notes of dreams on both pages without doing the intention stage.

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