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## Late to the Ball: A Journey Into Tennis and Aging (Paperback)

By Gerald Marzorati

Scribner Book Company, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. An award-winning author attempts to become a nationally competitive tennis player--at the age of sixty--in this soulful meditation on aging, companionship, and the power of self-improvement (The Wall Street Journal). Being a man or a woman in your early sixties is different than it was a generation or two ago, at least for the more fortunate of us. We aren't old yet. But we sense it coming: Careers are winding down, kids are gone, parents are dying (friends, too), and our bodies are no longer youthful or even middle-aged. Learning to play tennis in your fifties is no small feat, but becoming a serious, competitive tennis player at the age of sixty is a whole other matter. It requires training the body to defy age, and to methodically build one's game--the strokework, footwork, strategy, and mental toughness. Gerry Marzorati had the strong desire to lead an examined physical life, to push his body into the encore of middle age. In Late to the Ball Marzorati writes vividly about his difficulties, frustrations, and triumphs of becoming a seriously good tennis player. He takes on his quest...



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