



The Nonviolent Revolution: A Comprehensive Guide to Ahimsa - The Philosophy and Practice of Dynamic Harmlessness (Paperback)

By Nathaniel Altman

Gaupo Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This is the first book to bring the major concepts of Ahimsa - dynamic harmlessness- into focus for the Western reader. Nathaniel Altman provides a thorough grounding in a philosophy that has been practiced by such notables as Thomas Merton, M.K. Gandhi, Dorothy Day, Peace Pilgrim and Martin Luther King, Jr., to name but a few. But he goes further than this and shows how Ahimsa can be practically applied by each of us in our daily lives, in our personal relationships, our business affairs, politics, religion and our attitude towards the environment. Despite the challenge of living in a world that seems bent on violence and destruction, the author believes that Ahimsa offers genuine hope for both the present and the future.



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