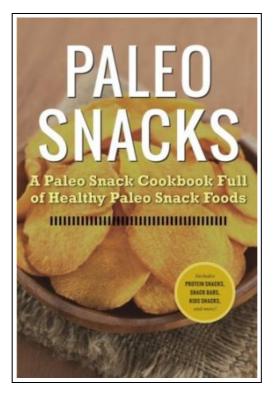
Paleo Snacks A Paleo Snack Cookbook Full of Healthy Paleo Snack Foods



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PALEO SNACKS A PALEO SNACK COOKBOOK FULL OF HEALTHY PALEO SNACK FOODS



Rockridge Press. Paperback. Condition: New. 84 pages. Dimensions: 8.8in. x 5.8in. x 0.4in.From the Publisher of NYT BestsellersPaleo Slow CookerandPaleo for Every Day Are you too busy to eat healthfully Do you surrender your diet to a bag of potato chips or a chocolate chip cookie when youre hungry and on the go Whether traveling, at work, or at the gym, Paleo Snacks: A Paleo Snack Cookbook Full of Healthy Paleo Snack Foodsprovides delicious Paleo treats for those long, tempting stretches between meals. Paleo Snacks is the easy answer to all those moments of weakness. InPaleo Snacksyoull discover: 40 Paleo-friendly snacks, from tasty snack bars to low-calorie healthy snacks, to Paleo kids snacks and Paleo protein snacks. Paleo recipes for an array of Paleo snacks and appetizers, from delicious No-Bake Fruit and Nut Bars to Oven-Fried Sweet Potato Chips, to Spicy-Sweet Chicken on a Stick and Lunch Box Granola Mix. A concise introduction to the Paleo diet, the benefits of Paleo, and a helpful Paleo Food Guide. For more information on how to make Paleo versions of all your favorite foods, check out the rest of the books in this series, including Paleo Cookies, Paleo Muffins, Paleo Pasta, and the New York Times Best Seller Paleo Slow Cooker. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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