



Bath Salts Basics: Easy Guide to Homemade Bath Salts Including Simple Recipes (Paperback)

By Stella Bright

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Close your eyes and imagine you are slipping into a tub of warm scented water enriched with essential oils and bath salts to release all your stress after a hard long day! Sounds deliciously decadent doesn't it? Now imagine this spa is the tub in your bathroom, your own retreat. In today's stress-filled ever-connected world, having a piece of nirvana in your home is essential. Providing this treat within your budget is simply out of this world. Bath Salt Basics is a simple guide to homemade bath salts. Let me clue you into the secret ingredients that have been known for centuries and used in today's beauty world to pamper you and provide healing. Bath Salts Basics, by Best Selling Author Stella Bright, will: -Provide an overview of the various salts and their benefits. -Educate you about the liquid oils that are added to soothe and hydrate the skin. -Teach you about the essential oils that not only scent your bath but provide healing benefits to your mind, body, and soul. -Provide simple recipes...



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