



## Complementary and Alternative Therapies for Nursing Practice

By Karen Lee Fontaine

Pearson Education (US), United States, 2014. Paperback. Book Condition: New. 4th Revised edition. 218 x 152 mm. Language: English . Brand New Book. The most complete, up-to-date, and research-based guide to integrating Complementary and Alternative practices into nursing. Now fully updated and reflecting extensive new research and evidence, Complementary and Alternative Therapies for Nursing Practice, Fourth Edition is today's most comprehensive overview of alternative health practices and complementary therapies from a nursing perspective. It begins by explaining philosophical approaches to both Western biomedicine and alternative or complementary medicine, introducing concepts such as energy, breath, spirituality, and healing. Next, it presents diverse systems of health care practice, including the values, attitudes, and beliefs that accompany them. Detailed sections thoroughly discuss botanical and manual healing, mind-body and spiritual approaches, and more. The appendix provides specific information on alternative therapies for many common health problems. This edition contains new evidence throughout, including significantly updated Considering the Evidence features presenting eight systematic reviews of randomized control trials, and two new primary research studies. Coverage updates include an expanded discussion of the use of music in therapy, including music-thanatology for palliative care. Teaching and Learning Experience This text will help nursing students assimilate thousands...



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