



Sheet Pan Suppers: 120 Recipes for Simple, Surprising, Hands-Off Meals Straight from the Oven *Plus Breakfasts, Desserts, and Snacks, Too! (Hardback)

By Molly Gilbert, Molly Gilbert Zulauf

Turtleback Books, United States, 2014. Hardback. Condition: New. Bound for Schools Libraries ed.. Language: English . Brand New Book. It s the one-pot meal reinvented, and what is sure to become every busy cook s new favorite way of getting dinner on the table. It s Sheet Pan Suppers a breakthrough full-color cookbook with more than 120 recipes for complete meals, snacks, brunch, and even dessert, that require nothing more than a sheet pan, your oven, and Molly Gilbert s inspired approach. The virtue of cooking on a sheet pan is two-fold. First there s the convenience of cooking everything together and having just one pan to clean up. Then there s the cooking method roasting, baking, or broiling three techniques that intensify flavors; in other words, food tastes better when cooked on a sheet pan (move over, slow cooker). But the real genius here is Molly Gilbert s fresh, sophisticated approach. There are easy dinners for weeknight meals Chicken Legs with Fennel and Orange; Soy-Mustard Salmon and Broccoli; Roasted Pork Tenderloin with Squash, Apples, and Onions. Special occasion meals Rack of Lamb with Herby Bread Crumbs and Buttered Carrots; Asparagus and Black Cod in Parchment. Meatless meals Israeli Couscous...



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