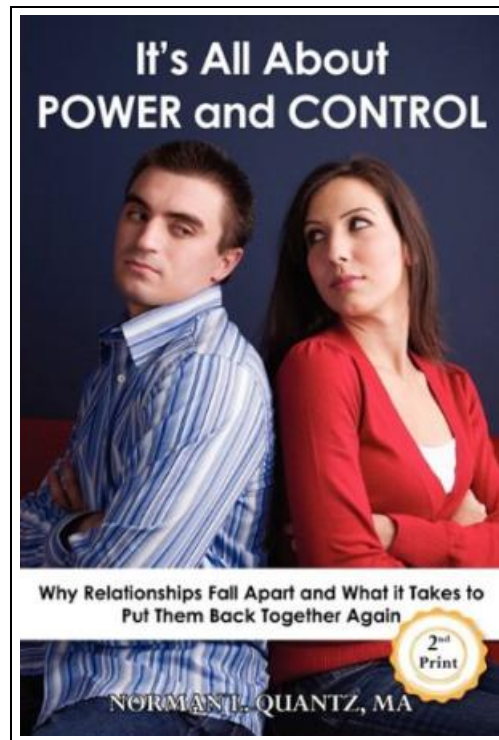


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IT S ALL ABOUT POWER AND CONTROL (PAPERBACK)



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I.M.A.G.E. Inc, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It s All About Power and Control - Norman L. Quantz, MA Book - Second Printing Having trouble in Your Relationship or Relationships? Are you looking for answers? Not sure where to start? If you are reading this you have already taken the first step to making things better. Improvements in a relationship begin with recognizing there are problems. Big problems in a relationship can start as smaller issues or bad interactions which go unresolved and build up over time. You become numb to the problems and ignore them until they grow out of control - this can take years in some cases - or you accept your feelings and understand that something has to change. This book contains a tool set that helps you discover the aspects of power and control in your relationship and how they play out in your relationship interactions. Many things can be reflected your relationship interactions. Verbal, mental or psychological abuse are often disguised by or confused with other beliefs or ideas about your relationships. If you are left in a cloud of confusion, feeling out of sorts, and not sure of where the problems are It s All About Power and Control is an invaluable resource in helping you define what s really going on. This book walks you through the dynamics of Power and Control to help you find the core issues in your relationships. Then you gain insight to the strategies and tactics that are being used in each relationship. Just as it is hard and frustrating to play a game when you don t know the rules this book gives you ways to define and clarify what the rules are and how...



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