Overcoming Prescription Drug Addiction: A Guide to Coping and Understanding



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Reviews

Completely essential study publication. Better then never, though i am quite late in start reading this one. I am very easily could get a delight of reading a composed publication. (Marilyne Macejkovic)

OVERCOMING PRESCRIPTION DRUG ADDICTION: A GUIDE TO COPING AND UNDERSTANDING



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Addicus Books, United States, 2008. Paperback. Book Condition: New. 3rd. 213 x 140 mm. Language: English . Brand New Book. Prescription drug addiction is now one of the nation s most serious drug problems. More Americans are abusing controlled prescription drugs more than cocaine, hallucinogens, inhalants, and heroin combined. With the exception of marijuana, prescription painkillers are the most widely abused drug in the U.S.Many who are addicted to prescription drugs are unwitting addicts they have no history of drug abuse, but become addicted after taking a drug for legitimate reasons. Rod Colvin understands this problem. His 35-year old brother died as a result of his long-term addiction to painkillers and tranquilizers.Drawing from his personal experience and his background as a counselor, Colvin offers help to those suffering from addiction as well as their families. In this new, third edition, Colvin discusses dynamics of addiction and the newest treatment options; he also offers compelling personal stories from addicts who describe their journeys into recovery. These anecdotes are accompanied by advice from addiction medicine specialists. The Book Answers These Questions: . How does addiction rewire the brain? What are the symptoms of addiction? Who s at risk for addiction? Why are more teens abusing prescription drugs? When does proper medical use of a drug turn into addiction? What happens if the drugs are stopped abruptly? What are the symptoms of withdrawal? What is the difference between addiction and physical dependence? What are the top 20 most-abused prescription drugs? How Can You Leave Prescription Drugs Behind?Read stories of recovery from individuals who are in recovery . Learn how they become addicted. Find out how they made it into recovery. What were the turning points in their lives that made them seek recovery? What is their advice to others who are struggling?Treatment for Addiction. What...

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