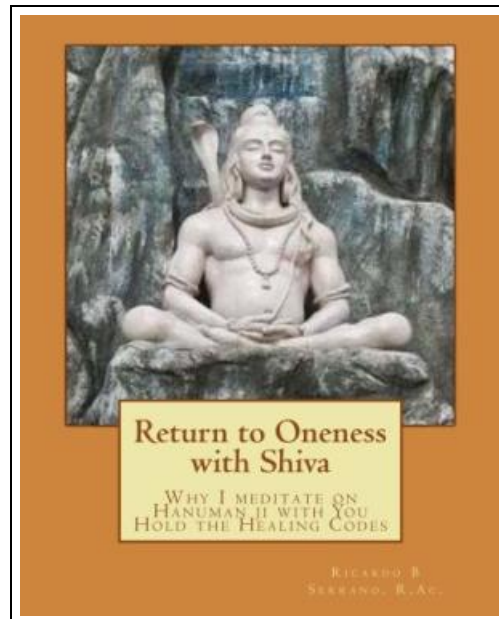


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Reviews



This book is great. it was writtern quite flawlessly and helpful. You will not truly feel monotony at whenever you want of your time (that's what catalogs are for concerning if you ask me).
(Sterling Kris)

RETURN TO ONENESS WITH SHIVA: WHY I MEDITATE ON HANUMAN JI WITH YOU HOLD THE HEALING CODES (PAPERBACK)



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Holisticwebs.com, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The goal of the fifth book Return to Oneness with Shiva is to offer a solution to most people whose life challenge is battling their monkey-mind (ego) which I believe is the cause of suffering and can be conquered by becoming like Hanuman whose love and devotion to his Sadguru is shown by the application of Hanuman Qigong and Hunaman ji s mantras and self-realization teachings of Kashmir Shaivism. Healing with the hologram of love merkaba energy ball of light encoded with the healing conscious mind encodements is also included. Ashtanga Yoga Hand Mudras with Gayatri Mantra are supplemented for healing and enlightenment. Most people are not aware that their healing and spiritual ascension are essentially associated with the functioning of their thyroid gland or throat chakra. Who and what you meditate on, you become. Who realizes what? That is realization. - Hari Dass This is how I quiet my monkey mind - I become aware of my breath and my monkey mind quiets down. Calling on Hanuman will help tame the monkey mind. - Acharya Ricardo B Serrano The unified chakra and aligned energy fields are very important, not just for survival, but - more importantly - as vital tools for ascension, healing and channeling. Ascension is basically a change in frequency and a change in focus of consciousness. Because the energy you are has frequency, you can change it. The low-frequency stuff of fear and limitation will fall away and you will live in a state of what you would today call ecstasy, at one with your spirit and with the spirit of everyone else. That s ascension. - Master Enoch Spiritual oneness means the incarnated soul is achieving a higher degree...

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