



Creating Connection: A Relational-Cultural Approach with Couples (Paperback)

By -

Taylor Francis Ltd, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book. Relational-Cultural Therapy (RCT) is developed to accurately address the relational experiences of persons in de-valued cultural groups. As a model, it is ideal for work with couples: it encourages active participation in relationships, fosters the well-being of everyone involved, and acknowledges that we grow through and toward relationships throughout the lifespan. Part and parcel with relationships is the knowledge that, whether intentionally or not, we fail each other, misunderstand each other, and hurt each other, causing an oftentimes enduring disconnect. This book helps readers understand the pain of disconnect and to use RCT to heal relationships in a variety of settings, including with heterosexual couples, lesbian and gay couples, and mixed race couples. Readers will note a blending of approaches (person-centered, narrative, systems, and feminist theory), all used to change the cultural conditions that can contribute to problems: unequal, sometimes abusive power arrangements, marginalization of groups, and rigid gender, race, and sexuality expectations. Readers will learn to help minimize economic and power disparities and encourage the growth of mutual empathy while looking at a variety of relational challenges, such as parenting, stepfamilies, sexuality, and illness....



READ ONLINE
[3.38 MB]

Reviews

These kinds of ebook is almost everything and got me to seeking ahead of time plus more. It really is filled with wisdom and knowledge I discovered this book from my i and dad advised this publication to learn.

-- **Sonny Bergstrom**

Good e-book and beneficial one. I was able to comprehend everything out of this published e pdf. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mariana Schaden II**