



Chakra Meditation, 1 Audio-CD

By -

Condition: New. Publisher/Verlag: Media Sound Art | Die heilende Kraft der Musik | Die Chakren sind unsere Energiezentren. Sind sie geöffnet, können bestimmte Energien fließen. Jedes Chakra ist zuständig für eine ganz bestimmte Energiefrequenz sowie für die entsprechende Bewusstseinssebene. Der Mensch befindet sich in einem Zustand absoluter Ausgeglichenheit, wenn alle Chakren geöffnet sind. Doch häufig sind wir in einigen Chakren blockiert, dann sind die Chakren kleiner oder sogar fast geschlossen. Diese Blockaden können körperliche und/oder psychische Beschwerden oder Missbefindlichkeiten hervorrufen. Die Beschallung der Chakren mit speziellen Klängen gilt als wirkungsvolle Methode, um Blockierungen der Energiezentren zu beheben. Die CD soll helfen, die Chakren zu spüren, zu stimulieren und zu öffnen und so zu einem sowohl körperlich als auch mental spürbaren Gleichgewicht von Körper und Seele führen. | Format: CD-Audio | 90 gr.



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Reviews

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-- **Dr. Garnett McLaughlin II**

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-- **Deshawn Roob**

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