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THE SUPER SEVEN: BAND 03 YELLOW/BAND 08 PURPLE



HarperCollins Publishers. Paperback Book Condition: new. BRAND NEW, The Super Seven: Band 03 Yellow/Band 08 Purple, Mary Colson, Kay Hiatt, This photographic information book takes a look at the men's Heptathlon - a contest with seven different athletic events focused around running, jumping and throwing. Looking at technique, training, diet and rest, Mary Colson's book shows how athletes become the best runners, jumpers and throwers in the world. *Collins Big Cat Phonics Progress books are specifically designed for struggling readers.

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- Authored by Mary Colson, Kay Hiatt
- Released at -



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