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RUNNING TO EXTREMES (PAPERBACK)



Allen Unwin, Australia, 2014. Paperback Condition: New. Main. Language: English. Brand New Book Lisa Tamati gets asked one question more than any other. Why do you do it? In Running to Extremes, she attempts to answer that question and many more about ultramarathon running. In the past few years, Lisa has taken part in some of the most gruelling races on earth. Not content with having run the Badwater Ultramarathon once, she s been back and done it a...

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