



## Crystal Wisdom: Crystals Healing, Meditation, Wisdom and Guidance from Our Angels - What's All the Fuss About?

By Assistant Professor of Religious Studies Sarah Caldwell

Balboa Press, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In today's fast paced, busy life we all need to take time out for ourselves to find healing, peace, joy, love and abundance. How do I do that I hear you ask, It's not that easy, I hear you say. Well it can be that easy. This quick and easy read will guide you through small changes - take five minutes a day to meditate, use crystals, talk to your angels and guides and think positive and be amazed at the changes in your life. From Frequently Asked Questions, a brief history and personal story to the nuts and bolts of how to make small positive changes using crystals, by meditating and listening to our angels wisdom, Crystal Wisdom reminds us of what we all know deep down inside - that we have the power to affect change in our lives. The simple truth is - even when we don't believe in the power of crystals or that our angels and guides are helping us - they are. The only thing stopping us from finding...

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