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Burnout Sucks!: How to Be Wildly Creative and Live to Enjoy It! (Paperback)

By Jim Hough

Nts! Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There is a way to be wildly creative and live to enjoy it! The creative life is not for the faint of heart. It requires a lot from those who walk the path of curiosity, risk and contribution. Yes, sometimes artists suffer. But suffering shouldn't be the norm. In Burnout Sucks!, Jim Hough breaks the unwritten code of silence about creative burnout and shares a proven method for overcoming and even avoiding it all together. Through humor, story telling and some pretty compelling interpretive dance, Hough sheds light on a path that's easy to follow and leads to a happier, healthier life of wildly creative contribution. (Ok, the dance thing is a lie).



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