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A must buy book if you need to adding benefit. It really is simplified but unexpected situations in the 50 percent of your book. Its been developed in an exceptionally straightforward way and it is merely soon after i finished reading through this pdf where in fact transformed me, modify the way i think.

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FIND THE GOOD: UNEXPECTED LIFE LESSONS FROM A SMALL-TOWN OBITUARY WRITER (HARDBACK)

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Algonquin Books, 2015. Hardback. Condition: New. Language: English . Brand New Book. As the obituary writer in a spectacularly beautiful but often dangerous spit of land in Alaska, Heather Lende knows something about last words and lives well lived. Now she's distilled what she's learned about how to live a more exhilarating and meaningful life into three words: find the good. It's that simple--and that hard. Quirky and profound, individual and universal, Find the Good offers up short chapters that help us unlearn the habit--and it is a habit--of seeing only the negatives. Lende reminds us that we can choose to see any event--starting a new job or being laid off from an old one, getting married or getting divorced--as an opportunity to find the good. As she says, We are all writing our own obituary every day by how we live. The best news is that there's still time for additions and revisions before it goes to press. Ever since Algonquin published her first book, the New York Times bestseller *If You Lived Here, I'd Know Your Name*, Heather Lende has been praised for her storytelling talent and her plainspoken wisdom. The Los Angeles Times called her part Annie Dillard, part Anne Lamott, and that comparison has never been more apt as she gives us a fresh, positive perspective from which to view our relationships, our obligations, our priorities, our community, and our world. An antidote to the cynicism and self-centeredness that we are bombarded with every day in the news, in our politics, and even at times in ourselves, Find the Good helps us rediscover what's right with the world. Heather Lende's small town is populated with big hearts--she finds them on the beach, walking her granddaughters, in the stories of...



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