

Ketogenic Crockpot and Anti-Aging Diet Recipes: 200 Super Slow Cooker Diet Recipes (Paperback)



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Reviews

Very useful to all of class of people. It is really simplified but unexpected situations within the 50 % in the ebook. I am delighted to let you know that this is actually the best book i have read in my personal daily life and can be he finest ebook for at any time.
(Gwen Schultz)

KETOGENIC CROCKPOT AND ANTI-AGING DIET RECIPES: 200 SUPER SLOW COOKER DIET RECIPES (PAPERBACK)



Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Ketogenic diet is easy to follow and it brings you so many health benefits! However, Slow Cookers (Crockpot) is one of the most popular kitchen appliances available on the market these days which help you cook delicious and healthy ketogenic meals for you and your loved ones. When you combine ketogenic diets with one of the best cooking tool(slow cookers), you get the cooking experience of a lifetime! Get your hands on this amazing cookbook and start your new and improved life in ketosis. Under the cover you will find over 200 impressive Keto slow cooked recipes! Everyday easy to cook recipes Meat, seafood, veggies, eggs, poultry, dairy recipes etc List of ingredients, cooking times and accurate measurements for a given number of people Have a look at some of the recipes you re about to discover: Low Carb British Pork Cassoulet 24-Hour Keto Hungarian Pork and Paprika Stew Low Carb Greek Lemon and Honey Pork Chops Low Carb Pork with Braised Red Cabbage and Apple Low Carb Orange Braised Lamb Shanks Keto Moroccan Lamb Shanks with Fruits and many more! Start cooking Ketogenic style with your amazing Crockpot!.



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