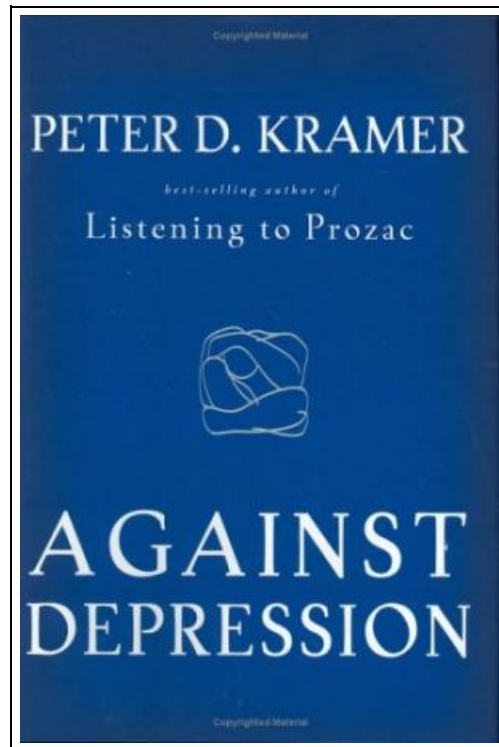


Against Depression (Hardback)



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Reviews

It is one of the most popular books. It really is filled with wisdom and knowledge. You may like how the author publishes this PDF.
(Kellie Huels)

AGAINST DEPRESSION (HARDBACK)



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Penguin Putnam Inc, United States, 2005. Hardback. Condition: New. Language: English . Brand New Book. A decade ago, with his breakaway bestseller, *Listening to Prozac*, Peter Kramer revolutionized the way we think about antidepressants and the culture in which they are so widely used. Now, he returns with a profound and original look at the condition those medications treat—depression. He asks: If we could eradicate depression so that no human being ever suffered it again, would we? Depression, linked in our culture to a long tradition of “heroic melancholy,” is often understood as ennobling—a source of soulfulness and creativity. Tracing this belief from Aristotle to the Romantics to Picasso, and to present-day memoirs of mood disorder, Kramer suggests that the pervasiveness of the illness has distorted our sense of what it is to be human. There is nothing heroic about depression, Kramer argues, and he presents the latest scientific findings to support the fact that depression is a disease—one that can have far-reaching health effects on its sufferers. Frank and unflinching, *Against Depression* is a deeply felt, deeply moving book, grounded in time spent with the depressed. As his argument unfolds, Kramer becomes a crusader, the author of a compassionate polemic that is fiercely against depression and the devastation it causes. Like *Listening to Prozac*, *Against Depression* will offer hope to millions who suffer from depression—and radically alter the debate on its treatment.



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