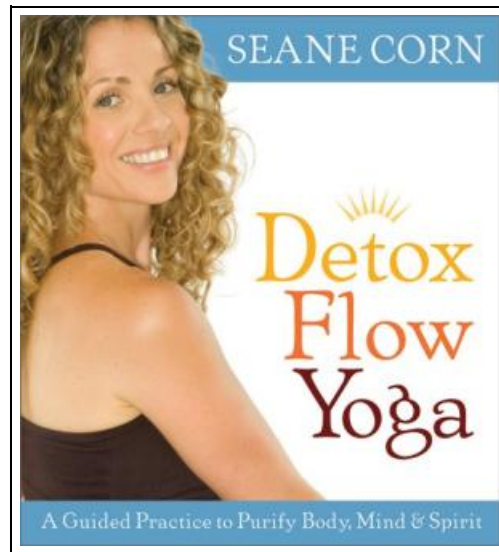


## Detox Flow Yoga: A Guided Practice to Purify Body, Mind, and Spirit



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