



Jo Frost's Toddler Rules: Your 5-Step Guide to Shaping Proper Behavior

By Jo Frost

Ballantine Books, United States, 2014. Paperback. Book Condition: New. 203 x 130 mm. Language: English . Brand New Book. SILVER MEDAL WINNER, NATIONAL PARENTING PUBLICATIONS AWARDS

From the beloved TV disciplinarian and bestselling author of Supernanny comes an amazingly simple five-step program of Toddler Rules to help parents tame tantrums, prevent bad behavior, and create long-term peace and stability in the home. Jo Frost has always had a natural gift for connecting with kids, and for helping parents navigate milestones with practical know-how and ease. With the success of her hit TV shows Supernanny, Extreme Parental Guidance, and Family S.O.S. with Jo Frost, she's proven her ability to expertly rein in unacceptable conduct and bring peace and stability to millions of homes worldwide. Now, in this invaluable book, she shows you how to identify and eliminate toddler tantrums, and curb behaviors in other child rearing areas. Frost's effective five-step program for disciplined parenting addresses such challenges as Sleep: winning those nightly battles going to bed and staying there Food: what to cook, trying new things, and enjoying meal times Play: sharing toys, defusing squabbles, developing social skills Learning: listening, language, and development Manners: teaching respect, showing examples, and...



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