



Women and Drinking: Preventing Alcohol-Exposed Pregnancies

By Mary Marden Velasquez, Karen Ingersoll, Linda Carter Sobell

Hogrefe Publishing. Paperback. Book Condition: new. BRAND NEW, Women and Drinking: Preventing Alcohol-Exposed Pregnancies, Mary Marden Velasquez, Karen Ingersoll, Linda Carter Sobell, Drinking during pregnancy can cause a range of disabilities that have lifelong effects yet are 100% preventable. A variety of brief motivational behavioral interventions developed for nonpregnant women of childbearing age can effectively prevent alcohol-exposed pregnancies (AEP). This book outlines clinical definitions and the history of fetal alcohol spectrum disorders (FASD), epidemiology and effects across the lifespan, evidence-based prevention practices such as CHOICES and CHOICES-like interventions, and opportunities for dissemination. Based on decades of scientific research and clinical refinement, this volume is packed with helpful illustrative case vignettes, therapist-patient dialogues, sample forms, and handouts. The information and resources presented will help a wide variety of practitioners in diverse settings, ranging from high-risk settings such as mental health and substance abuse treatment centers to primary care clinics and universities, deliver interventions targeting behavior change.



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