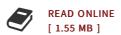




Women and Drinking: Preventing Alcohol-Exposed Pregnancies

By Mary Marden Velasquez, Karen Ingersoll, Linda Carter Sobell

Hogrefe Publishing. Paperback. Book Condition: new. BRAND NEW, Women and Drinking: Preventing Alcohol-Exposed Pregnancies, Mary Marden Velasquez, Karen Ingersoll, Linda Carter Sobell, Drinking during pregnancy can cause a range of disabilities that have lifelongeffects yet are 100% preventable. A variety of brief motivational behavioral interventionsdeveloped for nonpregnant women of childbearing age can effectivelyprevent alcohol-exposed pregnancies (AEP). This book outlines clinical definitions and the history of fetal alcohol spectrumdisorders (FASD), epidemiology and effects across the lifespan, evidence-basedprevention practices such as CHOICES and CHOICES-like interventions, andopportunities for dissemination. Based on decades of scientific research and clinical refinement, this volume ispacked with helpful illustrative case vignettes, therapist-patient dialogues, sampleforms, and handouts. The information and resources presented will help awide variety of practitioners in diverse settings, ranging from high-risk settingssuch as mental health and substance abuse treatment centers to primary careclinics and universities, deliver interventions targeting behavior change.



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