



Managing Your Migraine: A Migraine Sufferer S Practical Guide

By Susan L. Burks

Humana Press. Hardcover. Book Condition: New. Hardcover. 248 pages. Dimensions: 9.2in. x 6.1in. x 1.0in.Managing Your Migraine speaks to your needs as a migraine sufferer. It confirms that you suffer from a genuine physical illness and that others share your frustration, disappointments, and anger. Its goal is to move you beyond learning to live with it to a full understanding of its mechanisms, symptoms, and treatments. This book proves that you can take charge of your illness-and shows you how to do so safely, effectively, and with real confidence. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



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