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THE ESSENTIAL GUIDE TO HOME HERBAL REMEDIES: EASY RECIPES USING MEDICINAL HERBS



Robert Rose. 1 Paperback(s), 2013. soft. Book Condition: New. While you could get a prescription for anything that ails you, there also are time-tested herbal remedies that can provide inexpensive, organic relief for a variety of common ailments. Dividing the first part of her book into remedies specifically for children, men, women, seniors, and expectant mothers, here homeopathic specialist Melanie Wenzel offers relief from stress and cramps, bronchitis and rheumatism. Along with a history of herbal medicine and tips on...

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- Authored by Wenzel, Melanie.
- Released at 2013



Reviews

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