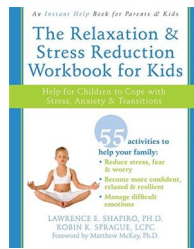


## Relaxation & Stress Reduction Workbook for Kids: Help for Children to Cope with Stress, Anxiety, and Transitions



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