



## Vitamins and Minerals From A to Z with Ethno-Consciousness

By Dr. Jewel Pookrum MD

J. E. W. E. L. Publications, Incorporated. Paperback. Book Condition: New. Paperback. 138 pages. Dimensions: 8.4in. x 5.4in. x 0.4in. It is the Melanin biopolymer that has been identified to control all major hormonal, Neurological, and all systems responsible for environmental adaptations within the Human body. This book has been written with the focus to update the reader on the vital activities and life-sustaining attributes of Melanin, all of which are needed for Human tissue evolution in the 21st Century. The information offers stimulating reading to promote you to reevaluate your present attitudes and opinions regarding this vital life promoting pigment. In order to free the MELANIN Biopolymer of past biases, judgments and criticisms, all of which inhibits its phonon-electron-photon capabilities has become necessary. The process of Personal self-reflection to identify and neutralize any biased or critical perceptions surrounding ones Melanin encourages a biological and physiological chemical state to be produced within the body. This altered blood quality, will support the full activation of Melanin. The reader must examine their past and present attitudes surrounding this vital life sustaining, LIGHT modulating substance, in order to experience the full evolution of our Human bodies. The metamorphosis of the Human body is...



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