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The Inner Pulse: Unlocking the Secret Code of Sickness and Health

By Marc Siegel

Wiley. Hardcover. Book Condition: New. Hardcover. 256 pages. Dimensions: 9.1in. x 6.2in. x 1.0in. Understanding the secret code of illness and health Many doctors overlook the seemingly inexplicable tragedies and recoveries that happen in hospitals every day, opting to view them simply as aberrations from the medical norm. In this book, Dr. Marc Siegel draws from his decades of experience treating patients and explores the sometimes miraculous effects that the spirit and emotion can have on disease and healing. The inner pulse is the essence that links the soul to the mind and body, the marker that predicts whether a person's life force is fading or strengthening. This book shows you how to tap into your inner pulse and even how to influence it. Explores how your inner pulse can alert you to what is going on in your body Offers a new perspective on the positive and negative effects of the mind on illness and healing Includes dramatic case stories of Dr. Siegel's work with his own patients those who have healed and those who have not Exploring the uncanny world where expectation and outcome are driven by a patient's personal intuition, this book will give you a deeper understanding of how the mind relates...


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Reviews

It is simple in read easier to understand. I am quite late in start reading this one, but better then never. Its been designed in an exceptionally easy way in fact it is just following i finished reading through this publication where basically transformed me, alter the way i really believe.

-- Ms. Christy Ondricka DDS

An incredibly awesome publication with perfect and lucid reasons. It can be writer in simple phrases and not confusing. I am just delighted to let you know that this is actually the very best publication i actually have study during my very own lifestyle and could be he best publication for actually.

-- Paula Gutkowski