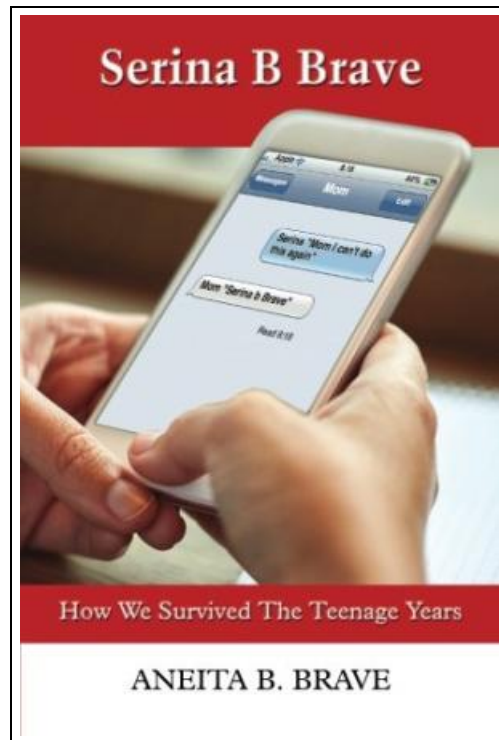


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Serina B Brave A Mother Daughter Journey of Love and Hope. Youth Mental Health is everyone s responsibility in a world that has become addicted to and dependent upon social media connectivity for validation and acceptance. Now, perhaps more than ever, our role as parents is to master the strategies of keen detective work and earn how to decipher clues that are hidden in plain sight. There is so much to be gained by consciously communicating with our children. We must pay close attention so that we identify warning signs and cries for help when our intuition tells us things are not right. It s critical that we advocate, support and cheer for them, not only during their times of triumph and success, but especially during the hardships and challenges.the times they may want to push us away the most. We are gifted with this opportunity to invest in them so we may gain a better understanding of their hearts and minds and. our own. Serina B Brave is a powerful, insightful, pull at your heartstrings read that will take you on a journey through the life of a struggling teenager, no holds barred. This could be anyone s child, and likely is - as there are plenty of stories we hear nothing about - until it s too late. Learn about a mother s love for her daughter and their relationship during the most tumultuous time in their lives. Learn about teen mental health issues, bullying, and the cause and effect of the world of social media. Discover first-hand from a family who experienced it all. What will amaze you is how Aneita (Mom) and Serina (her daughter) found the courage...



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